



# Calling All Fathers!

**“Join Us For Dad Talk”**



***All Are Welcome!***

**Fun, educational, interactive, “Dad Talk” with Fatherhood Facilitator Jonathan Lawrence.**

**Come and unleash the great father that lies within you!**

**Food and Refreshments**



**Door Prizes & Giveaways**

Jonathan Lawrence, BSW

**2<sup>nd</sup> Wednesday's • 3:00 p.m. – 4:00 p.m.**

South Washington Park, Community Room  
3200 South Washington Ave., Lansing, Michigan 48910

**4<sup>th</sup> Thursday's • 5.30 p.m. – 6.30 p.m.**

GLAAHI, Letts Community Center  
1220 West Kalamazoo, Lansing, Michigan 48915

For more information, contact Jonathan Lawrence at (517) 449-6046 or  
[JLawrence2@ingham.org](mailto:JLawrence2@ingham.org).

**Bus Tokens Are Available**



**INGHAM COUNTY HEALTH DEPARTMENT**

5303 S. Cedar Street | P.O. Box 30161 | Lansing, MI 48909-7661

(517) 887-4322 | <http://hd.ingham.org>

[www.strongstarthealthystart.org](http://www.strongstarthealthystart.org)

### **What's in it for men?**

Evidence-based workshops, meaning that these materials have already been tested and proven effective in helping fathers become better fathers, couples become better partners, and single fathers become better partners in a future relationship. Men will also be a part of a national movement designed to help increase the abilities and values of fathers in America's families.

#### **Responsible Fatherhood Topics include:**

Children's Growth  
Getting Involved  
Working with Mom and Co-Parenting  
Dad's Work

#### **Healthy Relationships Topics include:**

What It Means to be A Man  
Showing and Handling Feelings  
Men's Health  
Communication

### **INITIAL DAD HANGOUT**

**Wednesday, June 10, 2015, 3:00PM—4:00PM**

**South Washington Park – 3200 S Washington Ave -- Lansing**

**Thursday, June 25, 2015, 5:30PM—6:30PM**

**Letts Community Center – 1220 W Kalamazoo -- Lansing**

### **SHOWING AND HANDLING FEELINGS**

**Wednesday, September 9, 2015, 3:00PM—4:00PM**

**South Washington Park – 3200 S Washington Ave -- Lansing**

**Thursday, September 24, 2015, 5:30PM—6:30PM**

**Letts Community Center – 1220 W Kalamazoo -- Lansing**

### **WHAT IT MEANS TO BE A MAN**

**Wednesday, July 8, 2015, 3:00PM—4:00PM**

**South Washington Park – 3200 S Washington Ave -- Lansing**

**Thursday, July 23, 2015, 5:30PM—6:30PM**

**Letts Community Center – 1220 W Kalamazoo -- Lansing**

### **GETTING INVOLVED**

**Wednesday, October 14, 2015, 3:00PM—4:00PM**

**South Washington Park – 3200 S Washington Ave -- Lansing**

**Thursday, October 22, 2015, 5:30PM—6:30PM**

**Letts Community Center – 1220 W Kalamazoo -- Lansing**

### **CHILDREN'S GROWTH**

**Wednesday, August 12, 2015, 3:00PM—4:00PM**

**South Washington Park – 3200 S Washington Ave -- Lansing**

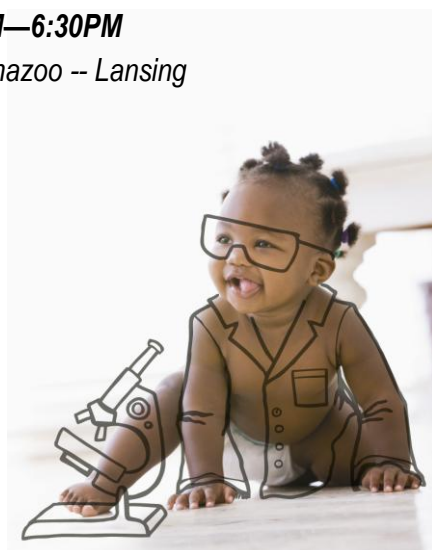
**Thursday, August 27, 2015, 5:30PM—6:30PM**

**Letts Community Center – 1220 W Kalamazoo -- Lansing**

### **DAD'S/MOM'S GROUP OUTING/CELEBRATION**

**November 2015**

**Michigan State Spartans Hockey Game**



**Strong Start | Healthy Start** is an initiative to enhance the health of African-American families and improve birth outcomes in Ingham County. We provide services which include home visiting for expectant and parenting moms with a child up to age two. We also offer free health education workshops that are open to educate pregnant and parenting women, families, and the community.